



JUVÉDERM[®] treatment explained



Fillers and ageing

As we age, the lines and wrinkles on our face can linger a little longer and become a little deeper.

The curves and contours of the face can also change as volume is lost. Areas that are particularly prone to volume loss include the cheeks, lips, brows, temples and jawline.

To help restore volume, dermal fillers are injectable gels that can be placed below the skin's surface. They can help provide more youthful contours and smoother skin.

How JUVÉDERM® range of dermal fillers work

JUVÉDERM® dermal fillers are smooth injectable gels made from synthesised hyaluronic acid, a substance that occurs naturally in the skin. They give your skin volume and hydration, diminishing the depth of wrinkles and creating a more refreshed facial appearance.



JUVÉDERM® dermal fillers can 'plump up' small areas such as the lips and brows and 're-volumise' larger areas like the cheeks and jawline.

JUVÉDERM[®] use in lips

As we age, the lips and the surrounding area are particularly vulnerable to volume loss. The corners of the mouth can begin to droop, which can create a sad or angry look.

Additionally, the v-shaped area of the upper lip, known as the Cupid's bow, begins to flatten out. Vertical lip lines may also appear and cause lipstick to bleed.

For youthful lips, stronger definition of the lip border or the subtle addition of volume can enhance these areas.

JUVÉDERM[®] dermal fillers can be used for restoring volume, enhancing lip shape or creating lip definition.



JUVÉDERM® treatment

JUVÉDERM® treatment is a non-surgical procedure administered through injections by a qualified medical professional. During treatments, an amount of gel is injected into specific facial areas with a fine needle.

JUVÉDERM® range of dermal fillers contain an anaesthetic called lidocaine, which can reduce discomfort during injection. It's important to follow any post-treatment instructions your clinician gives you.

How long does the procedure take and when will I see results?

Dermal fillers produce instant results – a typical first procedure takes between 15 and 30 minutes – and you should be able to return to your daily activities right away.

Are there any side-effects?

JUVÉDERM® dermal fillers have been used for many years and are generally well tolerated. While you may experience no side effects at all, as with all medications, side effects can occur. Possible side effects include injection site redness, pain, firmness, swelling, lumps and bumps, bruising, itching or discolouration. If you have any concerns about side effects, talk to your clinician.

Your clinician may also recommend you schedule a follow-up appointment to assess your progress 2–4 weeks after your treatment and again at 6 months.

Can JUVÉDERM® treatment be combined with other products and procedures?

JUVÉDERM® treatment can be combined with other cosmetic treatments such as anti-wrinkle injections, which relax facial muscles, or with other treatments that restore skin tone, to rejuvenate the whole face.

The JUVÉDERM® range of injectable gels are medical devices for use in adults. JUVÉDERM ULTRA® XC and JUVÉDERM ULTRA PLUS® XC contain 24mg/mL cross-linked hyaluronic acid with lidocaine 3mg/mL. JUVÉDERM ULTRA® XC is for filling medium-sized depressions of the skin as well as for lip definition. JUVÉDERM ULTRA PLUS® XC is for filling mid and/or deep depressions of the skin as well as for lip definition and enhancement. JUVÉDERM® VOLUMA® with lidocaine contains 20mg/mL cross-linked hyaluronic acid with lidocaine 3mg/mL and is intended to restore volume of the face. JUVÉDERM® VOLIFT® contains 17.5mg/mL cross-linked hyaluronic acid with lidocaine 3mg/mL and is intended for the treatment of deep skin depressions, for face contouring or volume restoration of the face. JUVÉDERM® VOLBELLA® contains 15mg/mL cross-linked hyaluronic acid with lidocaine 3mg/mL and is intended for the treatment of any fine lines and medium-sized skin depressions or the enhancement and pouting of lips. All JUVÉDERM® products should be administered only by a trained medical professional. JUVÉDERM ULTRA® XC and JUVÉDERM ULTRA PLUS® XC should not be injected into the eyelids. JUVÉDERM® VOLUMA® with lidocaine should not be injected in the periorbital area (eyelids, under-eye area, crow's feet), glabellar region or in the lips. JUVÉDERM® VOLBELLA® with lidocaine should not be injected into the eyelids. Application in the bags under the eyes is reserved for trained specialists. JUVÉDERM® VOLIFT® with lidocaine should not be injected in the periorbital area (eyelids, under-eye area, crow's feet) and glabellar region. Precautions: You should not receive treatment with any JUVÉDERM® product if you have untreated epilepsy, history of hypertrophic scars or porphyria, or if you are pregnant or breastfeeding, hypersensitivity to ingredients including hyaluronic acid, lidocaine or amide-type local anaesthetics, any areas of cutaneous inflammation and/or infections, or if you have just had laser treatment, deep chemical peel or dermabrasion. Caution is required if you have received treatment with another dermal filler; if you have a history of or are currently suffering an auto-immune disease, severe multiple allergies, anaphylactic shock, streptococcal disease, symptoms of cardiac conduction disorders; or if you are taking certain medications including anti-coagulants or certain drugs that reduce/inhibit hepatic metabolism. Avoid makeup for 12 hours after injection and prolonged exposure to sunlight/UV light/extreme temperatures for 2 weeks. Also may produce positive results in athlete anti-doping tests. Adverse effects reported after treatment with JUVÉDERM® have included immediate or delayed injection site inflammatory reactions (redness/swelling/itching/pain on pressure) persisting a week post treatment, haematomas, induration or nodules, discolouration, weak filling effect, risk of infection, abscess formation, granuloma, necrosis, or hypersensitivity. JUVÉDERM® injectable gels are not funded on the New Zealand Pharmaceutical Scheme. You will need to pay for this treatment. Normal Doctors visit fees apply. Speak to your specialist about your own situation and about the benefits/risks of this procedure in appearance medicine. If you have any side effects or concerns speak to your doctor. Note: JUVÉDERM® treatment up to 1–2 years and further courses of treatment may be necessary.

Post-Treatment

Your clinician will have reviewed with you what to expect following your JUVÉDERM® treatment.

Following your JUVÉDERM® treatment, avoid:

- *massaging and/or applying pressure to the treatment area for at least 24 hours.
- *extended exposure to the sun, UV rays and extreme temperatures for 2 weeks.

It is also recommended that you do not wear makeup for 12 hours following your treatment.

Additional Instructions

It is recommended that you attend a review appointment after 2–4 weeks so that your clinician can assess the outcome of your treatment.

Your follow-up appointment

_____ / _____ / _____ at _____ am/pm

To follow your results and for other documentation reasons, you may be photographed and the results recorded in your confidential patient file.

To maintain the benefits of your treatment, it is recommended you have a review and possible treatment in 6 months.

Your next JUVÉDERM® treatment appointment

_____ / _____ / _____ at _____ am/pm

If you have any questions or concerns about your JUVÉDERM® treatment, please contact your clinician.



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